

#BTVWave
#LookForTheHands



burlingtonpartnership.org

Look for the Hands Community Project.

Burlington Partnership for a Healthy Community is a coalition of community partners who recognize that the damages of drugs, alcohol and tobacco affect us all and work together to create a healthier environment in Burlington.

While we all do our best to practice physical distancing and stop the spread of COVID-19, the Burlington Partnership for a Healthy Community also knows it is vitally important to keep people from feeling too isolated and alone. We must create new ways to show that we are all still one connected community and are showing up for one another across the city of Burlington. To help, we've created an image to put up around Burlington that we hope will bring a smile to the faces of people who see it and can serve as a reminder of the ways in which we are all there for each other as we go through this as a community. Mr. Fred Rogers is known to have said, "When I was a young boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping." As one small way to help right now, let's create a way for people to see the community connection and helpers in Burlington!

The Burlington Partnership for a Healthy Community invites you to participate in #BTVWave, a community project to build connections while practicing physical distancing.

There are two ways to get involved:

- 1. Print the flyer of BPHC's multi-colored hands with the hashtags and place it somewhere visible, a street-facing window or your front door or your car. Snap a picture of your hands and post with the hashtags #BTVWave and #LookForTheHands! When people are out for a walk they can look for the hands! Try making it into a game with your kids to find all the #BTVWaves you can! Maybe people can even use online groups and Front Porch Forum to let others know where to take their kids to look.**
- 2. Or print the flyer of the hands without color and show your artistic side by coloring it in! Once your masterpiece is complete, post it prominently in your window and on social media with the hashtags #BTVWave and #LookForTheHands.**

Don't have a printer but still want to join in the fun? No worries! Trace your own hands and post them in the window and online with the hashtags.

Keep your eyes out for the #BTVWave at key locations around Burlington. We cannot wait to see your waving hands! Let's continue to stay together from afar. If you have any questions, please reach out to Tori Muzyk at tori@burlingtonpartnership.org.

